

**TORII JUJITSU KAI**  
**SENIOR GREEN BELT**

1	ARMS PINNED / UNPINNED FRONT / REAR		2 X EACH
2	KNEE WHEEL		1
3	LEFT HANDED BODY DROP		1
4	LEFT HANDED HALF SHOULDER		1
5	BAR CHOKES		2
6	SHOULDER THROWS	STUDENTS OWN	4
7	STRANGLES & CHOKES	STUDENTS OWN	
8	RICE BALE THROW		2
9	<b><u>DEFENCES AGAINST KNIFE ATTACK</u></b> OPEN (SLASHING & STABBING) CLOSED AGAINST WALL	INDESCRIMINATE	
10	<b><u>DEFENCES AGAINST KNIFE THREAT</u></b> CLOSED FRONT CLOSED REAR AGAINST A WALL	IN THE EVENT OF THREAT ESCALATING TOWARD ATTACK. STUDENTS OWN	1 OF EACH
10	ESCAPE FROM FULL NELSON		2
11	FRONT SCISSORS		2
12	ESCAPE FROM HALF NELSON		2
13	LOCKING TECHNIQUES ON THE GROUND		15
14	KEMPO DRILLS		2
15	MITT WORK COMBINATIONS	STUDENTS OWN	4
16	RANDORI		
17	KUMITE		