

# TORII JUJITSU KAI

## SENIOR BLUE BELT

1	LOIN THROW		1
2	ESCAPE FROM HEAD CHANCERY	FRONT REAR	3 3
3	ESCAPE FROM GARROTTING	FRONT REAR	2 2
4	BREAKING STRANGLES	STANDING AND ON THE GROUND	5 5
5	DROPPING BODY DROP		1
6	SCISSORS & NAKED CHOKE		1
7	SPRING HIP		3
8	SCOOP THROW FROM THE REAR		1
9	SIDE SCOOP WITH DOUBLE LEG LOCK		1
10	<b>DEFENCES AGAINST KNIFE ATTACK</b> OPEN CLOSED AGAINST A WALL	INDESCRIMINATE	
11	<b>DEFENCE AGAINST KNIFE THREAT</b> CLOSED FRONT CLOSED REAR AGAINST A WALL	IN THE EVENT OF THREAT ESCALATING INTO ATTACK. STUDENTS OWN	2 OF EACH
12	WRIST LOCKS	PALM UP, REAR & SIDE WITH ELBOW	
13	KEMPO DRILLS	2 NEW & 2 PREVIOUS	4
14	LEFT HANDED OUTSIDE HOCK		1
15	LEFT HANDED FRONT SCISSORS		1
16	LEFT HANDED DROPPING FULL SHOULDER		1
17	RANDORI		
18	KUMITE		
19	DEFENDING AGAINST RELENTLESS ATTACKING		
20	REQUIRED TO HELP TEACH JUNIOR CLASSES		ONG