

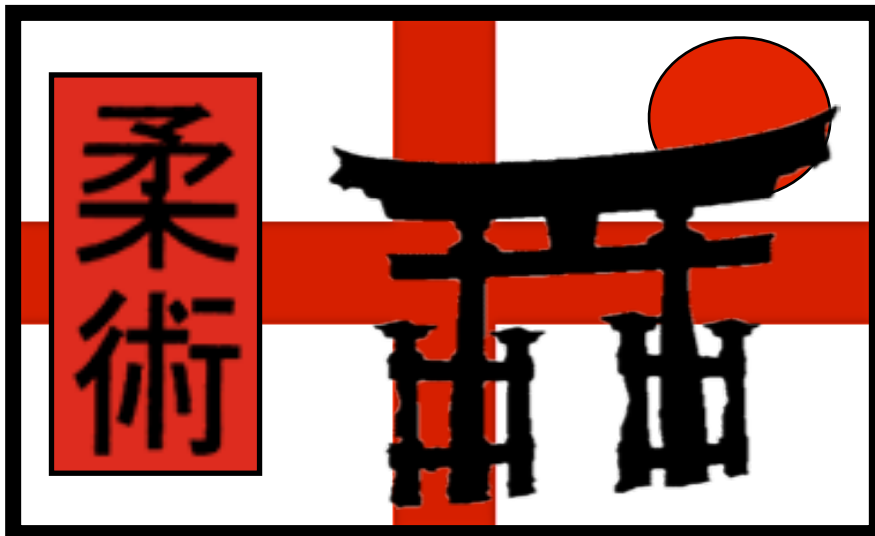
# COVID 19 RISK ASSESSMENT

## TORII JUJITSU KAI

*This Risk assessment is based on current Government Guidelines as they stand at 23rd July 2020.*

*They are based on our assessment of a safe working environment.*

*At this point No Sport or Leisure Centre have been able to provide us with their own Risk Assessment of their facilities but we would hope to be able to link into these very easily.*



## **Hall Preparation**

- 1. Lay Mats out in accordance with Appendix 2**
- 2. Open all doors to allow air flow**
- 3. Layout benches with Warning Tape to allow spectators within guidelines.**
- 4. Mark out floor for registration allowing a one way system back to chairs.**
- 5. Clean all matted areas**
- 6. Put out Hand Sanitisers X 6 and Blue drying Rolls around the hall**

## **Student Arrival**

**DISPLAY SIGN AND QUESTION ARRIVALS ON IT**

- . HAD COVID SYMPTOMS?**
- .BEEN IN CONTACT WITH ANYONE CONFIRMED / SUSPECTED COVID CASE?**
- .TRAVELLED INTERNATIONALLY?**

- 1. Students must arrive No earlier than 10 mins before the start of the class and remain in reception until called in for registration and proceed according to (appendix 2)**
- 2. Please note we are trying out a new contactless payment method allowing you to pay by card. NB please bring exact cash with you just in case this doesn't work properly**
- 3. Junior Students Must visit the toilets before the class starts.**
- 4. A register will be taken upon arrival as usual. We have a database of all student details in case a Track & Trace is required.**
- 5. Students will be required at this point to sanitise their hands from the bottles provided.**
- 6. Students will be ushered to their Mat or space on the matt where they will remain for the duration of the class.**

**Classes have been reduced in size & time with No more than 13 students present on the mat at any given time. ( please refer to appendix 1)**

## **Spectators**

### **SPECTATORS MUST WEAR FACE COVERINGS UNLESS EXEMPT FROM DOING SO**

**Our spectators generally are parents of our Junior Students.**

**Maximum 1 x parent / guardian per Student.**

**As our Junior Classes will be greatly reduced in size so, then, will be our spectators.**

**The benches used for these spectators will be spaced out and marked ( with warning tape ) clearly identifying the required distancing allowed.**

**It is very important that our juniors parents are allowed to stay, as this creates a more comfortable structured environment for the children.**

**( This, of course, must conform with the Sports Centre Risk Assessments when they are published ).**

## **Class Structure**

**We have reduced the duration of our clubs to allow 2 x 1/2hr sessions for our Juniors & 1 x 1hr session for our Seniors allowing for a 15mins break between sessions to allow for sanitation of the matted areas And seating Ready for the next class.**

**Students must bring water and keep the bottle with them during the session**

**Our sessions will be non contact and students will remain on or in their personal area of the matt for the duration of the class.**

**The class will consist of Martial Arts Drills and exercises as well as some weapons Katas for our seniors.**

**This will get our students refocused after a long absence.**

**No contact between students and Instructors will occur during the activities.**

## **Exiting the Hall**

***JUNIOR STUDENTS will remain on their mat space whilst the parents exit in the direction of the arrows ( appendix 2 ) collecting their Child as they pass him or her.***

***As students leave the matt they will again be required to Sanitise their hands.***

***Where possible ( and in agreement with the Facility ) students should exit through a different door situated at the back of the hall.***

***If this is not possible the 15 minute break should be more than ample time for students to vacate before the next group arrive.***

## **Students**

***Students will be advised to wear their Gis ( training suit ) to and from club to allow speed of preparation and a possible lack of changing facilities.***

***If they wish to remove their Gi Tops and replace with a sweat shirt Due to Sweat and discomfort after a training session, they must do so quickly and vacate the hall area ASAP.***

***There must be a degree of urgency when leaving the hall to allow the next group access or the Sports Centre Staff to clean at the end of the evening.***

# Appendix 1

## *Timetable of opening*

<b>Sunday</b>	<b>9.15 - 9.45am</b>	<b>Junior White - Junior Green</b>
	<b>10.00 - 10.30am</b>	<b>Junior Blue - Junior Black</b>
	<b>10.45 - 11.45am</b>	<b>Seniors</b>
<b>Thursday.</b>	<b>7.00 - 7.30pm</b>	<b>Junior White - Junior Green</b>
	<b>7.45 - 8.15pm</b>	<b>Junior Blue - Junior Black</b>
	<b>8.30 - 9.30pm</b>	<b>Seniors</b>

**We are executing a staggered start to ensure we get this right.  
This is as follows:**

**Sunday 27th September**  
**Sunday 4th October**  
**Thursday 8th October**  
**Sunday 11th October**

**And then every Thursday & Sunday thereafter.**

### Junior Students

**Please note that, for the foreseeable future please stick to you ( Historical )  
normal training day ONLY.**

**Please do not cross over to the alternate day if you don't normally attend that  
day.**

### Seniors Students

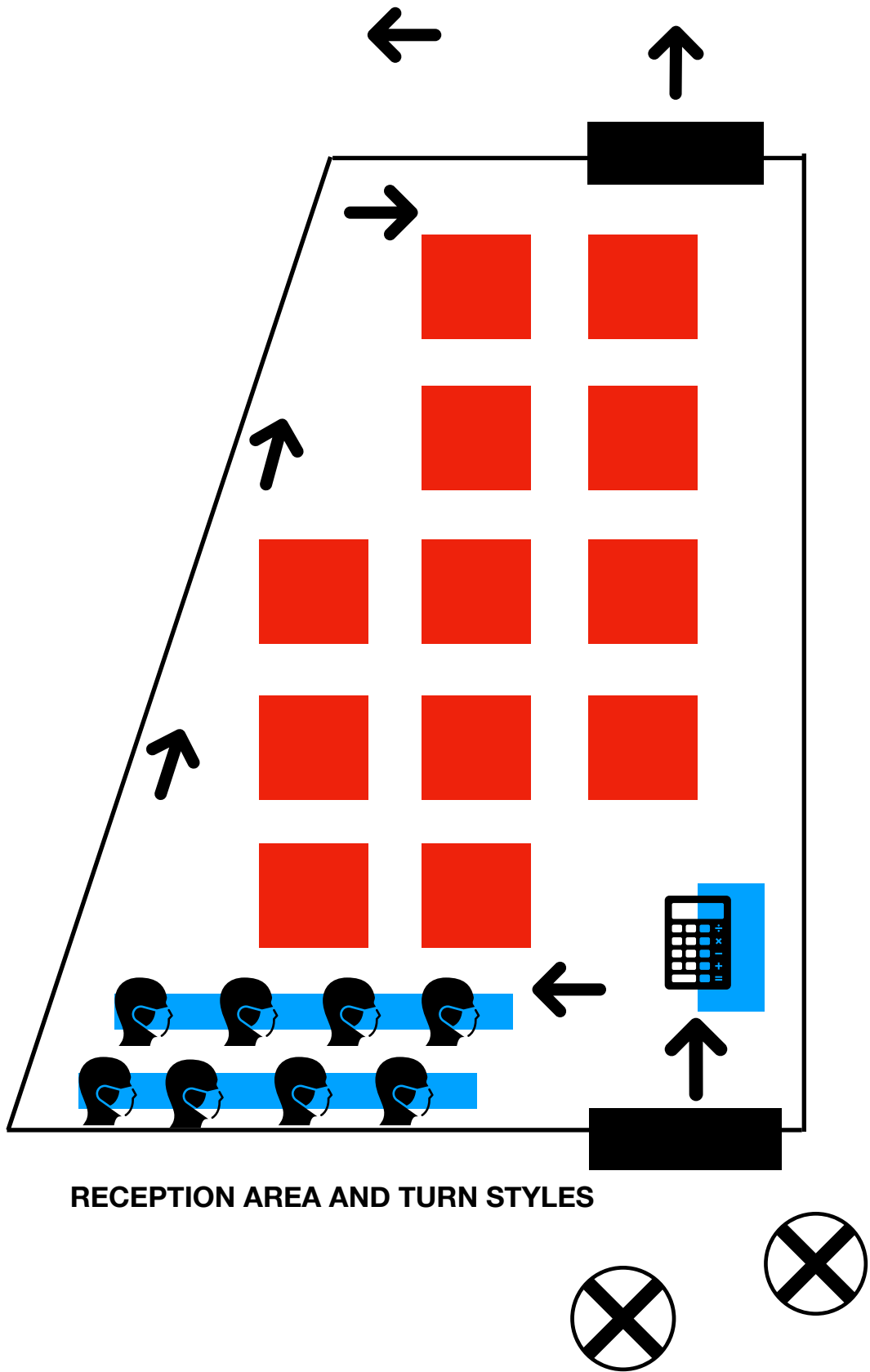
**As the training area can only support 12 students it is vital that you **BOOK  
AHEAD BY TEXT** to me 07854685840 no earlier than 9.00am of the day before  
that training day.**

**To ensure this is fair it will be on a a first come first served basis and I will  
text back Confirmation of inclusion or not....**

**It maybe the case that Senior student maybe restricted to one session per  
week to allow all seniors to participate fairly. I will monitor this and let you  
know**

Appendix 2

THE CRECHE @ SIDCUP LEISURE CENTRE



RECEPTION AREA AND TURN STYLES